

Caregiver & Support Groups

*Times and locations change frequently; please call before attending any group.

TYPE	CONTACT PERSON	PHONE	LOCATION	*TIMES
Action for Mental Health, Inc.	Diane E. Johnson	(716) 871-0581	Call for information. Self help groups and programs for various issues.	Call for information.
Alzheimer's Grief / Bereavement 8-Week Workshop		(716) 626-0600	Call for information.	Call for information.
Alzheimer's Men's Support Group	Don Sabo	(716) 937-7522	Call for information.	7:00pm 1 st Wednesday
Alzheimer's Men's Support Group	Mike Dollard	(716) 626-0600	Call for information.	2:30pm 3 rd Tuesday
Alzheimer's Support Group	Cheryl O'Brien	(716) 835-2543	Elderwood Health Care at Wedgewood 4459 Bailey Ave. Amherst 14226	6:00pm 3 rd Tuesday
Alzheimer's Support Group	Judy Moskal	(716) 689-6689	Central Presbyterian Church Archives Room 15 Jewett Pkwy. Buffalo 14214	7:00pm 3 rd Wednesday
Alzheimer's Support Group	Sr. Carol Schwartz	(716) 873-2933	St. John the Baptist Outreach 1085 Englewood Ave. Tonawanda 14223	11:00am 3 rd Tuesday
Alzheimer's Support Group	Nancy Kaszynski	(716) 862-3237	VA Medical Center 3495 Bailey Ave.; 1017B Buffalo 14215	12:30pm – 2:00pm 2 nd Tuesday
Alzheimer's Support Group	Barb Johnson	(716) 683-6165	Clarence Senior Center 4600 Thompson Rd. Clarence 14031	7:00pm – 8:30pm 4 th Wednesday
Alzheimer's Support Group	Angeline Pellien or Nancy Gregorio	(716) 668-8000	Lord of Life ADHC 1025 Borden Rd. Depew 14043	6:30pm 3 rd Tuesday
Alzheimer's Support Group	Susan Morais or Sarah LaBarbera	(716) 504-1000 Ext. 1398	Beechwood Residence 2235 Millersport Hwy. Getzville 14068	6:00pm 3 rd Thursday
Alzheimer's Support Group	Nancy Ott	(716) 639-3311 Ext. 2250	Weinberg Campus 2700 North Forest Rd. Getzville 14068	7:00pm 3 rd Thursday

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Alzheimer's Support Group	Laura Pasquarella	(716) 632-3700	Harris Hill Nursing Facility 2699 Wehrle Dr. Williamsville 14221	2:00pm 2 nd Thursday
Alzheimer's Support Group	Sr. Mary Ann Weldon	(716) 823-4653	Orchard Park Municipal S 4295 S. Buffalo St. Orchard Park 14127	7:00pm 3 rd Monday
Alzheimer's Support Group	Dia DePaula	(716) 632-7123	Alterra Clare Bridge 6076 Main St. Williamsville 14221	2:00pm 3 rd Thursday
Alzheimer's Support Group	Marlene Marciniak	(716) 694-7662	DeGraff Adult Day Care 82 Mead St. North Tonawanda 14120	7:00pm 4 th Wednesday
Alzheimer's Support Group	Kathy Dibble	(716) 694-7700 Ext. 168	Northgate Health Care Facility 7264 Nash Rd. North Tonawanda 14120	2:00pm 1 st Tuesday
Alzheimer's Support Group Early Stage	Leilani Pelletier	(716) 626-0200	Call for information.	Call for information.
Alzheimer's Wives Support Group		(716) 694-7700	Harris Hill Nursing Facility 2699 Wehrle Dr. Williamsville 14221	5:00pm – 6:30pm 3 rd Monday
Alzheimer's Teen Support Group (For teens impacted by Alzheimer's Disease.)	Laura Pasquarella	(716) 632-3700 Ext. 276	Harris Hill Nursing Facility 2699 Wehrle Dr. Williamsville 14221	5:30pm 3 rd Wednesday
American Cancer Society Support Group		(716) 689-6981	Various locations; call for information.	Call for information.
American Diabetes Support Groups		(716) 835-0274	Various locations; call for information.	Call for information.
American Stroke Association		(716) 564-1100	Various locations; call for information.	Call for information.
Aphasia Support Group / Family Care Group	Carol Ann Sellers	(716) 829-2797 Ext. 509	Call for information. Groups are for caregivers and survivors with aphasia.	Call for information.
Aphasia Survivors' Support Group	Deborah Insalaco	(716) 878-5319 or 878-3530	Buffalo State College Speech / Language / Hearing Clinic in Caudell Hall 1300 Elmwood Ave. Buffalo 14222	Call for information.
Arthritis Caregiver Support Group	Cynthia Pegado	(716) 626-0333	Call for information.	Call for information.
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Cancer Coach Program (One-on-one support from someone who has recovered from a cancer diagnosis.)	Cancer Wellness Center	(716) 873-0905	Call for information.	Call for information.
Cancer Spirituality & Healing (For patients, family, and friends.)	Cancer Wellness Center	(716) 873-0905	Daemen College Alumni Lounge in Wick Center 4380 Main St. Amherst 14226	Call for information.
Caregiver Sharing and Caring (For patients, family, friends; any illnesses.)	Cindy Noe, RN	(716) 630-1000	Buffalo Medical Group 295 Essjay Rd. Williamsville 14221	10:00am – 11:00am Mondays (Call for summer hours.)
Caregiver Support Group	Mary Donna	(716) 876-5130 (716) 875-5091	Kenmore United Methodist Church 32 Landers Rd. Kenmore 14217	6:30pm – 8:00pm 3 rd Tuesday
Caregivers	Jenny Osburn	(716) 648-0790	Hamburg Adult Day Services 353 Pleasant Ave. Hamburg 14075	7:00pm 2 nd Monday (6:30pm for new members)
Caregivers	Debbie Zimmerman	(716) 636-3055 Ext. 130	Amherst Senior Center 370 John James Audubon Pkwy. Amherst 14228	1:15pm 3 rd Wednesday
Celiac Disease Support Group	Cliff Hauck	(716) 636-6021	Call for information.	Call for information.
Chatter That Matters (For people with neurogenic impairments.)		(716) 694-2004	Call for information.	Call for information.
Depression Support Group	WNY Independent Living Project Barb Nero	(716) 836-0822 Ext. 159	Independent Living Center 3108 Main St. Buffalo 14214	1:00pm – 3:00pm Mondays
Diabetes Support Group	Beth Kraatz, RN	(716) 887-4935	Millard Fillmore Suburban Hospital 1540 Maple Rd. Williamsville 14221	Call for information.
Divorce LINK	Office of Family Life Ministries Diocese of Buffalo	(716) 847-2210	Call for information.	Call for information.
Grief Support Group	Life Transition Center Evalyn Katz	(716) 836-6460	Life Transition Center 150 Bennett Rd. Cheektowaga 14227	Call for information.
Grandparents Advocating Support Program	Grandparenting Center Paula Smith or Kathy Daigler	(716) 204-8677	Newstead/Akron Senior Center 5961 Cummings Rd. Akron 14001	10:00am – 11:00am 3 rd Monday

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Grandparents Advocating Support Program	Grandparenting Center Paula Smith or Kathy Daigler	(716) 204-8677	North Tonawanda Senior Center 110 Goundry St. North Tonawanda 14120	1:00pm – 2:00pm 3 rd Monday
Hard of Hearing Support Group	Hearing Loss Association of America Donald VanAuken	(716) 875-1093	Call for information.	Call for information.
Loss of Animal	SPCA: If an animal dies, a volunteer will call the pet's owner.	(716) 875-7360	Call for information.	Call for information.
Loss of a Child Support Group	Jewish Family Service of Buffalo and Erie County Donna Possenti	(716) 883-1914	Call for information.	Call for information.
Mended Hearts: Heart Attacks and Heart Disease (Survivors, family, friends.)	American Heart Association William Castle	(716) 634-3631	VA Medical Center 3495 Bailey Ave. Buffalo 14215	1:00pm 2 nd Saturday (Call for summer hours.)
Multiple Sclerosis Support Group	Multiple Sclerosis Society	(716) 634-2573 or (800) 344-4867	Call for information.	Call for information.
Northtowns Osteoporosis Support Group	National Osteoporosis Foundation	(716) 447-6205	Beechwood Residence 2235 Millersport Hwy. Getzville 14068	10:00am 3 rd Wednesday
Parkinson Support Group	Pat Weigel, RN	(716) 859-7565	St. John's Lutheran 3512 Clinton St. West Seneca 14224	6:30pm 3 rd Wednesday
Peer Support and Self-Help Groups Various Topics	WNY Independent Living Project's Mental Health Peer Connection	(716) 836-0822	Independent Living Center 3108 Main St. Buffalo 14214	Call for information.
Self Help for Nervous Symptoms and Fear	Recovery, Inc.	(716) 694-0104	Call for information.	Call for information.
Southtowns Osteoporosis Support Group	National Osteoporosis Foundation	(716) 447-6205	Westwood Village 580 Orchard Park Rd. West Seneca 14224	7:00pm – 8:30pm 2 nd Tuesday
Southtown Stroke Support Group	Rose Kruszka	(716) 648-2820 Ext. 245	Lakewood Health Center 5775 Maelou Dr. Hamburg 14075	6:00pm 2 nd Tuesday
Stroke Club (For caregivers and survivors with aphasia.)	Joe Sonnenberg	(716) 885-8318	Buffalo Hearing and Speech Center 50 E. North St. Buffalo 14203	12:00noon – 1:00pm Fridays
Stroke Survivor and Caregiver Support Group	Rose Stephan	(716) 614-1986	Beechwood Residence 2235 Millersport Hwy. Getzville 14068	9:30am – 11:30am 1 st Saturday

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Transplant Support Group of WNY	Transplant Support Group of WNY Mike Martino	(716) 685-4799	Cleveland Heights Christian Church 4774 Union Rd. Cheektowaga 14225	7:00pm – 9:00pm 3 rd Tuesday
Unity Bipolar Support Group	WNY Independent Living Project "Doc"	(716) 836-0822 Ext. 331	Independent Living Center 3108 Main St. Buffalo 14214	6:00pm – 8:00pm Mondays
Urban Kidney Support Group	National Kidney Foundation Barbara Breckenridge	(716) 885-7215	We Care 401 E. Amherst St. Buffalo 14215	Call for information.
Well Spouse Association (Dedicated to the supportive spouse/partner of the chronically ill or disabled.)	Ron Pokorski	(716) 912-2075 or 684-1895	Lancaster Public Library 5466 Broadway Lancaster 14086	6:30pm 1 st Wednesday
Widows' and Widowers' Support Group	Debbie Zimmerman	(716) 636-3055 Ext. 130	Amherst Senior Center 370 John James Audubon Pkwy. Amherst 14228	11:00am 2 nd Tuesday
Widows' Support Group "The Willows"	Jenny Osburn	(716) 646-0790	Hamburg Senior Center 4150 Sowles Rd. Hamburg 14075	1:30pm 2 nd Sunday
<p>The above list may not contain all the Caregiver and Support Group help information in the Western New York area. If you are looking for a specific type of group, contact the Erie County Department of Senior Services, (716)858-8526.</p> <p>*Please call the contact telephone number before attending a meeting as locations and times change frequently.</p>				

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